



# TREGYNON HALL SCHOOL

part of the SENAD Group

## Prospectus 2011/2012



**Specialist Education and Care for  
Children and Young People**



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# Welcome to Tregynon Hall School

Tregynon Hall offers Education, Care and Therapy to 23 young people aged 9-16 years. We are able to offer a range of placement options including:

## Day placements

52 weeks residential

Full residential care in our registered onsite children's home.

40 week residential

The youngster is resident at the school during term time only.

41 to 51 week residential

Where there is a need to provide additional residential support to meet the needs of the young person and their family.

We are committed to providing a safe, nurturing yet stimulating environment in which young people of all ages that have previously experienced emotional pain, social and academic failure and rejection can stabilise their behaviour.

For the last 16 years, troubled and under-achieving young people have benefited from their time at Tregynon Hall, acquiring the necessary skills to change their lives for the better and enabling them to deal in a more positive manner with daily challenges.

For us, success is not merely the containment of difficult behaviour but the ability to bring about fundamental change and to empower young people to make choices in their future lives.

Life at Tregynon Hall is structured but never regimented. Through this structured approach and positive adult direction we engender a sense of safety so our young people are free to grow without unnecessary anxieties. Initially our role is to assess the potential of the young person and establish the extent and nature of any difficulties they are experiencing. From this we work with the young person and all those involved with the young person, to produce a realistic and coherent plan of intervention through the development of individualised care, therapeutic and education plans. These plans are reviewed and updated regularly as the young person progresses.

## Our Aims

To meet our students needs by fulfilling our social inclusion policy in the areas of:

- Physical needs
- Social needs
- Learning needs
- Emotional needs
- Material needs
- Medical needs

To create a social and learning environment that addresses behavioural difficulties through the development of core interactive skills.

To maintain and develop these targets by ongoing self evaluation.



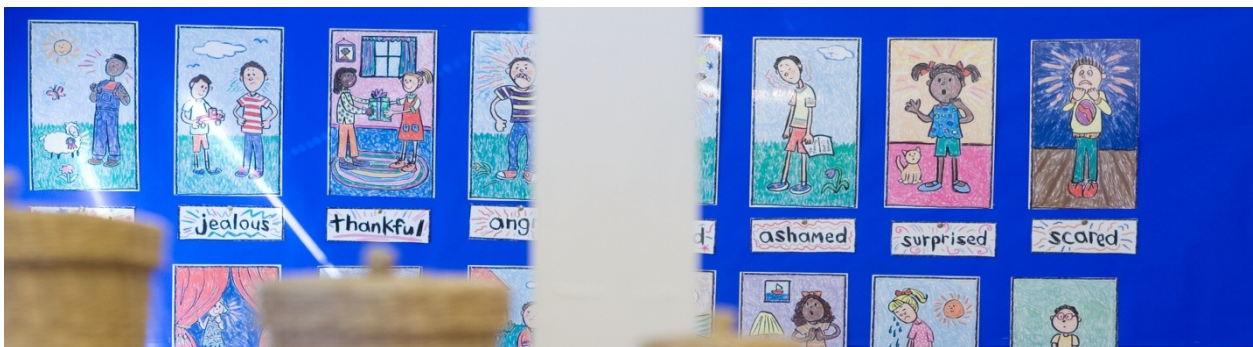
# Education

The primary aim of our curriculum is to engage reluctant pupils in the act of learning as a pleasurable and profitable experience. Our students are offered a wide ranging and varied curriculum, with an emphasis upon the acquisition of key skills.

We have a very practical emphasis upon learning, and whether repairing a chicken shed or weighing the ingredients of a cake, students are encouraged to “learn through doing”. As our students play a meaningful part in the development and maintenance of their physical environment, they take pride in that environment and experience a sense of ownership and belonging. We offer a 24 hour curriculum which means that our students have access to a full range of formal subjects, as identified in their Individual Education Plan and an extended range of educational experiences as identified in their Personal Education Plan.

Most of our students will have a Statement of Special Educational Needs. This forms the basis of all Individual Education Plans and is reviewed annually at an Education Review. Wherever possible this review will be tied in with their Looked After Children’s Review. Full subject reports are produced twice annually. In addition, students undergo a regular learning and achievement review as part of our internal assessment. This review informs the Individual Education Plan as well as the Personal Education Plans.

We have seven fully qualified and highly experienced teachers, including the Head of Education. In addition we have five full time teaching assistants. All our learning areas are bright and modern. We have five purpose built classrooms, an art and pottery suite, a drama studio, a music room, a well equipped workshop, science room and ICT suite. In addition we have a large art/play therapy suite.



Class sizes vary between 4-6 pupils and one to one support is offered in key skills areas to students who require it. Our older students have the opportunity to sit external examinations – usually Entry Level or GCSE. They also have the opportunity to experience learning outside of the school by attending Coleg Powys during Year 11. At the college they may take GNVQ, NVQ or GCSES as well as other vocational courses. Work Experience is organised for all young people in Year 10 and Year 11 and careers advice is offered from Year 9 onwards by the Powys Specialist Careers Advisors.

There are clear expectations regarding pupil behaviour and each classroom has a written code of conduct displayed. Failure to comply with the classroom “rules” usually results in a sanction e.g. loss of free time/detention. Equally, good behaviour is rewarded with public praise and other incentives. Daily group meetings provide an opportunity for students to display good work, offer praise and each week a class prize is awarded. As well as regular field trips to support classroom learning, all our students have the opportunity to join one of four one week “educational holidays” during the summer term.

# Care



We believe that young people are most able to make changes in attitude and behaviour when their physical, emotional and intellectual needs are all being met simultaneously. Each area of need is interdependent upon the other for success, for example, academic learning cannot take place without structure but it also does not take place unless a young person is emotionally stable. Emotional well-being is achieved through good quality care.

Living at Tregynon Hall is very much a group experience. Whilst all our students are actively encouraged to develop their own unique identity based upon positive areas of functioning, this is done within the context of small group living. The development of empathy, tolerance, sharing and group responsibility are therefore very important skills to acquire and are constantly reinforced verbally, through activities and by example.

In addition to the main accommodation we also have 'preparation for adulthood project units' which allow students who are coming to the end of their time at the school or are emotionally ready, to live in a more independent setting. We have clear boundaries in all areas have been established over many years. The day is well structured and there are clear expectations regarding behaviour appropriate to groups and individuals. Living at our school is a shared experience where "rules" are based upon safety, fairness and the needs of the group as well as the individual.

Our residential care staff work in two teams of five. Each team has a team leader who is responsible to the Head of Care. In addition two staff sleep in, and a waking night watch person is always on duty. All our staff are CRB checked and appropriately qualified and experienced for the positions they hold. In addition staff are recruited for their ability to act as positive role models and carers. We actively encourage our staff to pursue excellence and help them to achieve this through regular supervision and extensive training.

# Specialist Support

## Therapeutic provision

Many of the young people who attend our school lack a sense of self and will often reflect a negative role which was given to them by others. We focus on recreating a sense of identity in our young people, based on positive attributes and healthy areas of functioning.

We take a holistic approach to each individual student, rather than focusing on specific areas of their behaviour. We use solution focused work to help them come to terms with their past in the understanding that any solutions to current problems are likely to be found in the present and the future.

Some of the approaches we use include:

- Non directive Play Therapy
- Art Therapy
- Counselling
- Bereavement work
- Solution focused brief therapy
- Cognitive behavioural therapy
- Behavioural Modification programmes
- Psychotherapy
- Group Meetings
- Family Support



If it is felt that a student requires more help than available at the school then a referral is made to one of a range of independent specialists. Each student has at least one special care person working with them to provide emotional support and programmes are regularly monitored and modified so our students can maximise their progress whilst with us. Our clinical work and therapeutic training needs are supervised by highly qualified child and adolescent Psychotherapists.

All residential students are registered with the local GP and Dentist. We also have a Nurse who visits once a month.

# Activities

We have a range of leisure facilities on site which include a large games room which contains table tennis and pool equipment, a well stocked play room, a craft room, a common / homework room for our older students, an adventure playground and a large indoor play barn. Students also have the opportunity to care for our rabbits and guinea pigs and our two cats.

Evenings and weekends are used to promote a wide range of activities. As part of our 24 hour curriculum and students personal education plans, students are encouraged to attend local clubs such as Athletics, Rugby, Cadets, Youth Club, Dance or Drama Clubs. The school is a registered Cycle Club and pupils have, on occasion represented Powys in both cycling and athletics events.



## Activities offered include:

- Football
- Rugby
- Basketball
- Hockey/ Wide Games
- Go-karting
- BMX biking
- Cycling
- Swimming
- Walking
- Sewing
- Woodwork
- Craft/Art
- Cooking
- Horse-riding/Horse care
- Canoeing
- Gardening
- Cinema
- Bingo
- Visits to the beach
- Drama
- Indoor Games
- Keep-fit
- Pet Care
- Theatre Trips
- Yoga

# Meet the Team

## Glen Smith

### Principal

- NVQ 4
- NVQ 5 Management (ongoing)  
D32/D33 Assessor

Glen joined Tregynon Hall School as Principal in 2008. Prior to taking up this role Glen was the Director of Operations/CEO/Registered Provider and Founder of a successful private provider of Care, Education and Therapy for just over 5 years.

During this time he established a good reputation with both Ofsted and Placing Authorities. Glen started his career as a Residential Social Worker at a large local authority children's home and worked his way through the grades to Team Leader. His experience in this sector is extensive and includes both Youth Community Development and Youth Offending work.



## Declan Tuer

### Head of Education

- BSc (Hons)
- PGCE
- MSc (Pending)
- D32: D33 Assessor

Declan joined Tregynon Hall School, as Head of Education in 2007.

Prior to this he worked as Head Teacher for Corvedale Care for 4 1/2 years. In this role he developed and co-ordinated the education provision for all care homes based in Wales. He has also worked as an Education Consultant and Education Welfare Officer and has had various teaching roles.



## **Anthony Parry**

**Head of Care (Registered Manager)**

- **BA (Hons)**
- **NVQ III**
- **NVQ IV**
- **Currently undertaking ILM4**
- **Team Teach instructor**



Anthony has worked at Tregynon Hall for the past 13 years. Originally employed as a member of the Care staff, he progressed to the role of Team Leader and then Deputy Head of Care.

In his role Anthony helps to develop and promote healthy and fulfilling activities, which many of the students may have missed out on in their early childhood. These activities are carefully designed to build the young people's self esteem and confidence and form part of their overall therapeutic experience. The activities also teach the young people important life skills such as, how to deal with frustration, effective social interaction and how to work as a team.

In addition Anthony is responsible for inducting and managing the Care Staff teams and contributes to their on-going training programmes.

# Referrals and Assessments

All placements at Tregynon Hall are planned and placement is only confirmed following receipt of all available background information and the young person visiting Tregynon Hall on at least one occasion. In the first instance please contact the Principal.

It is a basic underlying principle at Tregynon Hall that young people are not merely contained. We aim to bring about fundamental changes in the way a young person thinks about themselves and others, enabling them to deal in a more positive manner with daily challenges.

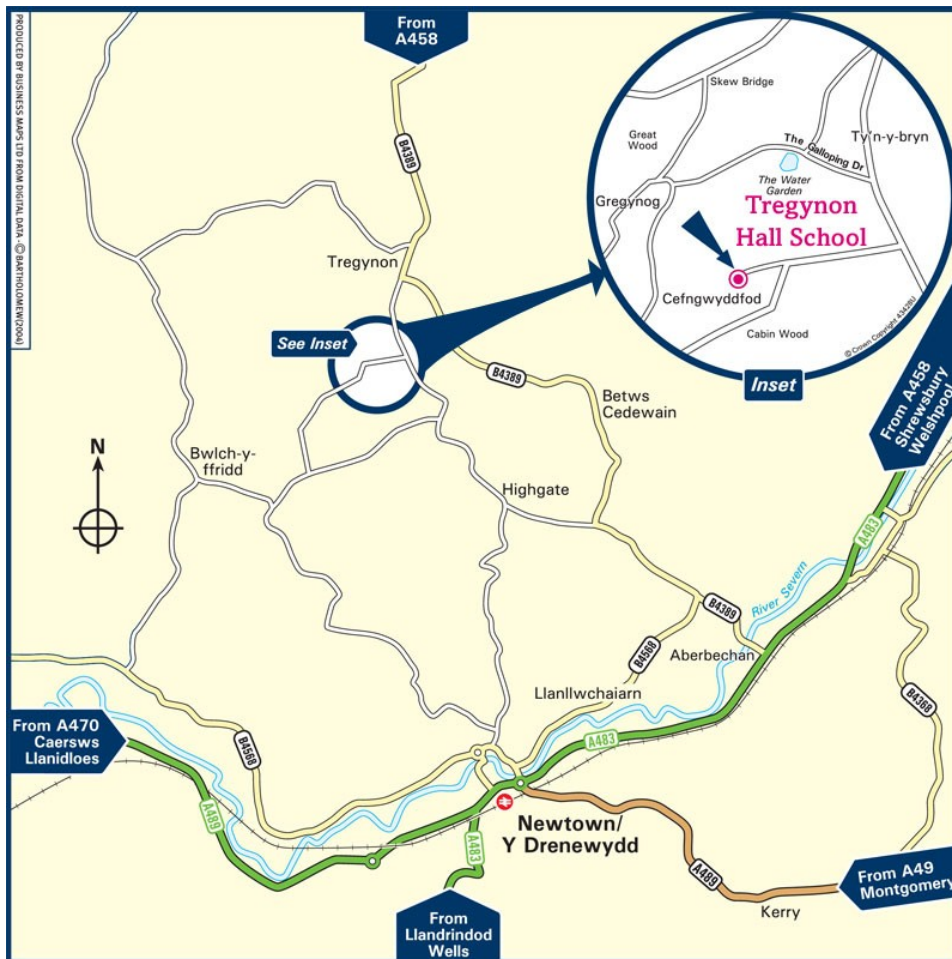
Young people are referred to Tregynon Hall by Social Workers, Educational Psychologists and Child Psychiatrists, usually as a result of complex difficulties which may include specific learning difficulties, behavioural difficulties and emotional illiteracy.

Typically, behaviour may be challenging, depressive or more generally dysfunctional and will have developed as a coping strategy for living with rejection, trauma and abuse.

All young people admitted to Tregynon Hall undergo a period of assessment. From this a Risk Assessment, a Positive Handling Strategies Agreement, a Placement Plan and a Care Assessment Plan and a Therapeutic assessment.



# How to find us



## From the A470

Leave the A470 at Caersws and join the A489 towards Newtown. Remain on the A489 for 5.6 miles, until the roundabout junction with the A483. Take the second exit onto the A483 (Pool Road). Remain on the A483 for 2.6 miles until the junction with the B4389 at Aberbechan. Join the B4389 and continue for 5.2 miles. Turn left prior to the village of Tregynon and continue for 0.5 miles. Turn right following signs for Tregynon Hall School (see inset).

## From the A5

Leave the A5 at the junction with the A458 to the west of Shrewsbury. Join the A458 following signs for Welshpool / Newtown. Remain on the A458 for 14.3 miles until the roundabout junction with the A483. Take the first exit onto the A483 towards Welshpool / Newtown. Remain on the A483 for 12 miles until the junction with the B4389 at Aberbechan. Join the B4389 and continue for 5.2 miles. Turn left prior to the village of Tregynon and continue for 0.5 miles. Turn right following signs for Tregynon Hall School (see inset).

## By Train

Newtown is the nearest station and is served by trains from Birmingham New Street, Telford, Shrewsbury, Welshpool, Caersws, Machynlleth and Aberystwyth.

# The Local Community



## Newtown

Newtown is a small market town situated on the banks of the river Severn. It has excellent shopping as well as a theatre, museum and art gallery. Newtown is steeped in history. It is the resting place of the Pryce family, founders of Pryce Jones, the world's first ever mail order company and was also home to Robert Owen, the founder of the Co-operative movement.

## Places to Stay

### Highgate House

Highgate House is a 17th century black and white farmhouse, 3 miles away from Newtown. They have 3 large en-suite double bedrooms and 1 single room, all comfortably and tastefully decorated.

Highgate, Nr Newtown Montgomeryshire SY16 3LF.  
Telephone **01686 623763**

[www.highgate-accommodation.co.uk/](http://www.highgate-accommodation.co.uk/)

### The Elephant & Castle Hotel

The Elephant and Castle Hotel situated in the heart of Newtown is a 38-bedroom establishment offering excellent value, including our own superb restaurant and bar meals and lively public and cocktail bars.

Broad Street, Newtown, Powys, SY16 2BQ  
Tel: **01686 626271**

## Places to visit



### **Powys Castle and garden**

Powys castle is a medieval castle which is now home to the Earl of Powys. The garden is world famous with Italianate terraces and the castle houses one of the finest collections of paintings and furniture in Wales. In addition the Clive museum houses a beautiful collection of Indian treasures.

[www.nationaltrust.org.uk](http://www.nationaltrust.org.uk)

### **Centre for Alternative Technology**

One of the world's most renowned eco-centres, featuring interactive displays and practical examples of sustainable living, renewable energy and organic gardening. On arrival visitors ascend 180ft via a cliff railway powered by water. The site spreads over 7 acres and includes interactive displays that demonstrate the power of wind water and sun. It also has examples of environmentally responsible buildings, energy conservation, organic growing and waste management.

[www.cat.org.uk](http://www.cat.org.uk)

### **Welshpool and Llanfair Light Railway**

The railway was first opened in 1903 to link the market town of Welshpool to the rural community of Llanfair Caereinion. Today the narrow gauge railway is used by visitors and those wanting a less rushed form of transport. All the trains are steam powered and some of the carriages have open balcony's which give passengers access to the fantastic views along the route.

[www.wllr.org.uk](http://www.wllr.org.uk)

### **Aberdovey**

Aberdovey is a thriving harbour resort set within Snowdonia National Park. Aberdovey has watersports galore including sailing, sail-boarding, canoeing, fishing and boat trips. In addition Aberdovey has award winning beaches and a championship golf course.

[www.aberdovey.org.uk](http://www.aberdovey.org.uk)

# Term Dates

## Term 1 - 2011

<b>Students start:</b>	31st August
<b>Half -Term:</b>	Depart 30th September Return 10th October
<b>End of Term:</b>	11th November

## Term 2 - 2011/2012

<b>Students start:</b>	21 <sup>st</sup> November
<b>Half-Term:</b>	Depart 16th December Return 4th January
<b>End of Term:</b>	3rd February

**Inset Day for all staff:** 3rd January

## Term 3 - 2012

<b>Students start:</b>	13 <sup>th</sup> February
<b>Half-Term:</b>	Depart 23rd March Return 10th April
<b>End of Term:</b>	4th May

**Inset Day for all staff:** 9th April

## Term 4 - 2012

<b>Students start:</b>	14th May
<b>Half-Term:</b>	Depart 22nd June Return 2nd July
<b>End of Term:</b>	3rd August

**Inset Day for all staff:** 2nd August  
3rd August

# Policies

The following information/documents are available on request from the School office:

- Complaints procedure and information regarding complaints received for the preceding school year.
- Particulars of staffing numbers and summary of staff qualifications.
- Pupil performance and leaver destinations for the preceding school year.
- Admission, Discipline and Exclusion
- Education and Welfare Provision for pupils for whom English is an additional language
- Curriculum
- Prevention of Bullying
- Behaviour Management
- Health and Safety Policy
- Health and Safety on Educational Visits
- Policy to Safeguard and Promote the Welfare of Pupils at the School

**Principal :** Glen Smith

**Address:** Tregynon Hall School  
Cefngwyddfod  
Newtown  
Powys  
SY16 3PG

**Telephone:** 01686 650 330

**Head of Care (Registered Manager):** Anthony Parry

A full outline of staff and line management is available from the school.

**Provider:** Mr Brian Jones  
Chief Executive Officer  
SENAD Group  
1 St George's House  
Vernon Gate  
Derby  
DE1 1UQ

**Telephone:** 01332 378 840

DfE No. 666/6009

CSSIW No. W020000015/4

# SENAD Group Schools, Colleges and Adult Homes

## Children & Young People

### **Alderwasley Hall School and Callow Park College, Derbyshire**

Mixed, age 8-20, day and 38 to 52 wk residential.  
Asperger's Syndrome, HFA and communication difficulties.

Head Teacher: [Angela Findlay](#)

Tel: (01629) 822586

Email: [info@alderwasleyhall.com](mailto:info@alderwasleyhall.com)

### **The Trust Centre at Alderwasley Hall School**

Mixed, age 9-19, day and 38 to 52 wk residential.  
Specialist Education centre for young people with acquired brain injury.

Head of Trust Centre: [Janette Ashworth](#)

Tel: (01629) 821480

Email: [janetteashworth@thetrustcentre.com](mailto:janetteashworth@thetrustcentre.com)

### **Pegasus School, Derbyshire**

Mixed, age 8-19, day and 38 to 52 wk residential.  
Challenging behaviour, severe/complex communication and learning difficulties.

Head Teacher: [Suzanne Pennington](#)

Tel: (01283) 761352

Email: [info@pegasusschooluk.com](mailto:info@pegasusschooluk.com)

### **Bladon House School, Derbyshire/Staffs border**

Mixed, age 5-19, day and 38 to 52 wk residential.  
Autism, communication difficulties and moderate to severe learning difficulties.

Head Teacher: [Kate Britt](#)

Tel: (01283) 563787

Email: [info@bladonhouse.com](mailto:info@bladonhouse.com)

### **Rowden House School, Herefordshire**

Mixed, age 11-19, day and 38 to 52 wk residential.  
Severe learning difficulties and challenging behaviour.

Head Teacher: [Ian Gateley](#)

Tel: (01885) 488096

Email: [info@rowdenhouse.com](mailto:info@rowdenhouse.com)

### **Aran Hall School, Gwynedd**

Mixed, age 11-19, day and 38 to 52 wk residential.  
Learning difficulties, autistic spectrum disorders with severe challenging behaviour including sexually harmful behaviour.

Principal: [Duncan Pritchard](#)

Tel: (01341) 450641

Email: [info@aranhall.com](mailto:info@aranhall.com)

### **Tregynon Hall School, Powys**

Mixed, age 8-16, day and 40 to 52 wk residential.  
SEBD and complex needs.

Principal: [Glen Smith](#)

Tel: (01686) 650330

Email: [info@tregynonhall.com](mailto:info@tregynonhall.com)

## Adult Provision

### **Winslow Court, Herefordshire**

Mixed, age 18+, 52 wk residential.

### **Park House, Herefordshire**

Mixed, age 18+, 52 wk residential including two semi-supported settings.

### **Fairfield House, Herefordshire/Shropshire border**

Mixed, age 18+, 52 wk residential.

### **Orchard End, Herefordshire**

Mixed, age 18+, 52 wk residential.

### **Sheldon House, Leicestershire**

Mixed, age 18+, 52 wk residential.

## New Service

### **Ecclesbourne Lodge**

#### **Duffield, Derbyshire**

A community based transitional home for up to 10 people across two houses, each with their own staff teams. Set in thirteen acres of land, in a semi rural location close to the village of Duffield, Ecclesbourne Lodge is ideal for people with complex difficulties and challenges requiring high quality residential care and support in a peaceful yet productive space where they can develop new skills at their own pace in a caring and supportive environment.

**Personal Development Initiatives...** Within the site we have opened a small commercial garden centre. This will offer real work opportunities and leisure activities to the residents of Ecclesbourne Lodge and the young people and adults within our other schools and homes. We also plan to open these up to the wider local special needs community and are currently working with local partners to develop further learning and leisure facilities on the site.

For more information about our adult provision call:

[Don Ellsmore, Head of Adult Provision](#)

Tel: (01885) 488096

Email: [info@winslowcourt.com](mailto:info@winslowcourt.com)

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## SENAD Community Support Services

**Our Community Support Service Team** is experienced in providing high quality support and personal care to people of all ages. With a person centred approach, they create a team that work with the individual to formulate a plan to enable them to achieve their goals and maximise their potential. This includes (but is not limited to) one to one support and direct care for young people and adults who have:

- Learning difficulties
- Physical disability and/or sensory impairment
- Complex health needs
- Rehabilitation needs (post-operative or acquired brain injury)

Support can be provided:

- In the person's home environment
- In the person's school/college environment
- To access community based services and activities
- During a period of transition

For more information about SENAD Community Support Services call:

Tel: (01332) 200300

Email: [cssinfo@senadgroup.com](mailto:cssinfo@senadgroup.com)